

SEEKONK COUNCIL ON AGING

April 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Seekonk Senior Shopping Day Wal-Mart, Stop & Shop, & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>2 Alzheimer's & Dementia @ 10am Lunch: Meatball Subs for \$3 Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>3 Art Class 9-11</p>	<p>4 Wii Fun 10am Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>7 Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p>	<p>8 Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>9 Easter Party @ 10am Lunch: Ham, Au Gratin Potatoes, and Veggies for \$3 Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>10 Art Class 9-11 Mens Breakfast Toti's 8:30am</p>	<p>11 Wii Fun 10am Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>14 Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p>	<p>15 Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>16 Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>17 Art Class 9-11 Womens Brunch Toti's 10:00am</p>	<p>18 Wii Fun 10am Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>21  Patriot Day</p>	<p>22 Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>23 AARP Drivers Class 10am - 3pm Lunch: Pot roast for FREE for those who attend activity Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>24 Art Class 9-11</p>	<p>25 Wii Fun 10am Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>28 Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p>	<p>29 Seekonk Senior Shopping Day Wal-Mart, Sthop & Shop, & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>30 Fads in Nutrition @ 10am Lunch: Portuguese Soup and pulled pork sandwiches for \$3 Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>Turn calendar over to see upcoming trips!</p> 	

